

Play & Save UK Discounts Map

Click on your area page number to view the current list of participating businesses or simply click the facebook logo & follow us to see as the new discounts are added

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Online



Edith & Blanche - Welcome to Edith and Blanche, a sustainable alternative for children's clothing and textiles. Edith and Blanche is a family owned and operated business with the goal of creating high quality, ethically sourced, and thoughtfully produced products.

Webpage: www.edithandblanche.com

Contact: Catherine & Michelle Baranda - <u>edithandblanche@gmail.com</u>

Discount: 15% off entire store using code **Playandsavespring21** at checkout. Excluding sale items. Can't be bundled with any other offer.

Best Days Vintage - Affordable, sustainable, one-off clothing & accessories from 60's to 90's. Best Days Vintage clothing... 20th century style for the 21st century girl & boy. Now with loads more shop space, coffee and positive vibes.

Webpage: www.bestdaysvintage.co.uk

Contact: Steve - 01206 764824 - info@bestdaysvintage.co.uk

Discount: 15% off your purchase using the online purchased code Insta15 or showing a valid Play&Save Discount eCard in our Colchester, Essex store

Wessex Heartbeat - Providing the best quality cardiac care for patients and their families in the Wessex region. Wessex Heartbeat helps improve cardiac care, supporting the Wessex Cardiac Centre in achieving the best for people with heart conditions.

Webpage: www.heartbeat.co.uk/shop

Discount: 10% off any clothing or accessories on the Wessex Heartbeat online store using code **WHBMAS2021**



Serendipity - Perfume. Beauty. Home. Beautiful fragrances, home scents, and beauty products, amazing value for money, long lasting and cruelty free.

Webpage: www.facebook.com/groups/731366771015761

Contact: Liz - 07967 619917

Discount: Contact Liz Potter via her Facebook Group or mobile number, send a photo of valid Play&Save eCard with expiry date and receive **10%** off any FM. Can't be used in conjunction with any other promotions or sales.



Flamingo Paperie - I've always loved stationery, so it was easy to fall in love with the beautiful products from Flamingo Paperie. I am delighted to be a Flamingo Partner, this allows me to sell these exceptional, gorgeous products & do my next favourite thing... socialising. The card quality and value is excellent, all designed & printed in the UK.

Webpage: www.flamingopaperie.co.uk/web/myhouseofcards

Contact: Alison, Independent Partner Flamingo Paperie - 07748 611436

Discount: Purchase 10 or more greeting cards and receive **20%** off your order automatically applied at checkout.

Dillys Bespoke Florist - Creating beautiful and creative designs since 2006, building a reputation for our floral quality, style and elegance for every occasion. Dilly's bespoke florist, best quality fresh flowers and gifts, wine, champagne and chocolates. With local and international delivery available.

Webpage: <u>www.colchesterflowers.co.uk</u>

Contact: Jo - 01206 573222

Discount: 10% off your order quoting **Hospice10** either on the phone or in store, based in the heart of Colchester but reaching out to the UK







Contact: Julia - 01502 716797 - info@oddsockschildrensclothes.co.uk

Discount: Receive a **10%** discount off all items online or in-store. Online use code **LOTTERY10** or in-store by showing a valid Play&Save Discount eCard



Ollie & Millies – Personalising baby & children's clothing from new-born to 14 years. Also stocking a large range of affordable fashionable clothing also up to 14 years.

Webpage: www.ollieandmillies.com

Contact: Kayleigh – 07864071712 - ollieandmillies@gmail.com

Discount: 10% off with the online code MASL10



Me Learning - For 15 years, we've provided cost-effective flexible training solutions and innovative digital learning products for organisations and individuals alike.

Webpage: https://shop.melearning.co.uk/

Contact: Anna Forsythe - 01273 091 301 - enquiries@melearning.co.uk

Discount: Please apply discount code **MAS21** to your basket to receive **50%** off any digital course(s) from our web shop. Maximum spend £500 before VAT.



Letterbox Brownies - Our Brownie delivery service can be sent all over the UK. Send delicious brownie gifts to all your friends, family, colleagues or customers with ease. Click now to visit our website and start your order.

Webpage: www.theletterboxgiftcompany.co.uk/shop/letterbox-brownies/

Contact: Teresa or Maria - info@letterboxbrownies.com

Discount: **10%** off individual boxes. Valid for use on any full priced individual box of 4, 8 or 16 mixed brownies or blondies. Please contact Maria or Teresa at Letterbox Brownies directly by email to receive a unique **10%** discount code.



Get Soled - Trainers | Sneakers | Kicks - Your favourite brands - Adidas, Asics, Diadora, Puma at LOW PRICES you'll love. Our passion is your style and our aim is to provide great style at the best possible prices, with a service you can trust.

Webpage: https://www.getsoled.com/

Contact: Andy - 07870 276257 - support@getsoled.com

Discount: This web-link <u>https://www.getsoled.com/discount/PLAY10</u> will automatically discount **10%** at the checkout



Bear-ne-CeCe-tees Art - Pet and People Portrait Commissions and Art for sale. I am a small online business based at my home in the Tendring area, with customers across the UK and Europe. Colour or graphite options on A3, A4 or A5, only professional grade materials used. Competitively priced.

I hand create from your original photos, and the process is a fully interactive, friendly service with updates as your art progresses.

Webpage: www.bearnececetees.com or www.facebook.com/Bearnececeteesart

Contact: Heidi via her email - bearnececeteesart@gmail.com

Discount: 10% off portrait Commissions by showing a valid Play&Save eCard.





10 Beer Bottles - A craft beer shop based in Essex... With their newly developed website incorporating a delivery service, Sammie now has the opportunity to share her refreshing local beers and delicious ales from around the UK to all of the UK.

Socials: www.facebook.com/10beerbottles

Webpage: https://10beerbottles.co.uk/

Contact: Sammie - 07951 453141 - 10beerbottles@gmail.com

Discount: 10% discount on full priced items in the store on presentation of a valid Play&Save eCard, or with the code **YHLOTTO10** for online purchases.



Good Carma Foods - Charlotte has been running her business since 2013. I started my business in memory of my beautiful Mum. Passionate about food and especially making natural nut based cheese alternatives that are healthy without sacrificing flavour. Good Carma foods produce multi award winning nut dairybased cheeses. Our Flavour Fusions are a range of parmesan style cheese alternatives as well as our Spread Sensation range which are mature cheddar spreadable cheese alternatives

Webpage: <u>www.goodcarmafoods.com</u> - Contact: 07855 354516 - <u>charlotte@goodcarmafoods.com</u> Discount: 10% off using the online code GCF18 – And 10% off by showing a valid Play&Save eCard when you meet Charlotte at any of the many events she attends



My Festival Family - Brings the festival ethos of love, community and freedom to everyday life, while keeping you well dressed in ethically sourced clothing Choose from a range of ethically sourced items. Made with love, the pieces are perfect for every day, yoga, festivals... dress these pieces up or down, wear them as they are, or customise them any way you like – how will you wear yours?

Socials: <u>https://www.facebook.com/myfestivalfamily</u> Webpage: <u>http://www.myfestivalfamily.co.uk/</u> Contact: Katie - <u>hello@myfestivalfamily.co.uk</u>

Discount: 10% for online orders using code **FestFam** or on production of a valid Play & Save eCard if you meet My Festival Family at one of their many events



Ashbee Solutions Ltd - Ashbee are an asbestos removal, surveying & management company. Their core area of working is the Southeast, however they will travel nationwide to assist with your asbestos management needs.

"We pride ourselves on providing excellent & approachable customer service & invite you to read our reviews on Checkatrade and Trustatrader."

Webpage: www.solutions.ashbee.org Contact: Kelly - 01206 233360 - help@ashbee.org

Discount: 10% off any quotations by showing a valid Play&Save eCard.



Filthy Fit - a health conscious brand that expresses our passion, happy eating and living. We created some pretty unusual but delicate nut and seed butters and healthy snacks. Check out the Filthy Feed blog for delicious recipes.

Socials: https://www.facebook.com/filthyfit.co.uk

Webpage: <u>https://filthyfit.co.uk/</u>

Contact: Evelin - 07510 338884 - <u>hello@filthyfit.co.uk</u>

Discount: 20% online discount by using the code **SUPPORTLOCAL** or by showing a valid Play&Save eCard if it's a physical purchase

GIVE LIFE Your Best Shot

SHOT juice - Giving life your best shot is no longer centred around what you do, it's measured by how you feel. Here at SHOT juice we have carefully curated shots with this in mind... tackle stress, fatigue and aid recovery with the SHOT range. Cold Press, raw, flash-frozen shots delivered to your door, so you too, can give life your best shot!

No added sugars, syrups, or even water....all good, clean and natural.

Socials: https://www.facebook.com/shotjuice21 Webpage: http://www.shotjuice.co.uk/ Contact: Jo - hello@shotjuice.co.uk

Discount: 10% for online orders using code HEALTHY10





Socials: <u>https://www.facebook.com/AhimsaHandmadeGifts</u> Webpage: <u>https://nonnaahimsa.uk/</u> Contact: Alexandra - <u>nonnaahimsa@gmail.com</u>

Discount: 10% for online orders using the Play&Save code **PlaySave22**

Pretty Little Petals – Welcome to my resin design business. Creating unique and personalised flower keyrings, necklaces, bracelets and much more. Here to fulfil all your handmade jewellery and floral needs.

Socials: https://www.facebook.com/prettylittlepetalsweymouth

Contact: Amy

C.D.Training Ltd

Discount: 10% for orders by simply demonstrating you have a valid Play&Save eCard

Eco-Pebble- Eco-pebble has a wide range of product varieties, supplier of Grad A sustainable products and ingredients.



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Handmade Gifts

Webpage: About Us - Eco-Pebble

Contact - admin@eco-pebble.com

Discount- 20% discount + free delivery : playandsave20

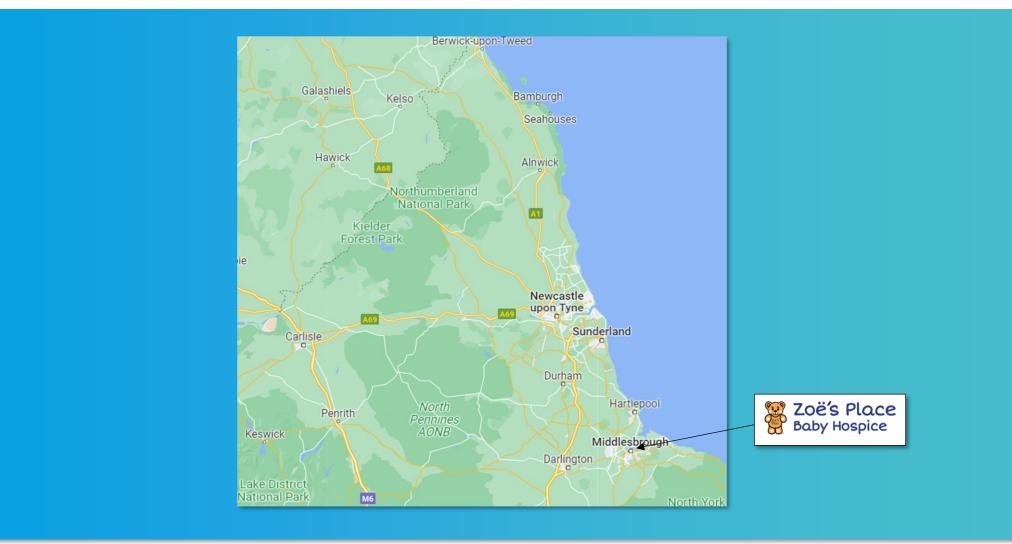
C&D Training Ltd - Delivery of First Aid Courses (RQF). Health & Safety Courses & Teaching Qualifications.

Webpage: <u>www.cdtrainingltd.co.uk</u>

Contact: Dawn - 07889887762 or Carol - 07711256625

Discount: 10% off all course bookings with proof of valid Play &Save eCard. Discount is only applicable to card holder and can't be used in conjunction with any other promotions.







North West of England







C&D Training Ltd - Delivery of First Aid Courses (RQF). Health & Safety Courses & Teaching Qualifications.

Webpage: www.cdtrainingltd.co.uk

Contact: Dawn - 07889887762 or Carol - 07711256625

Discount: 10% off all course bookings with proof of valid Play & Save eCard. Discount is only applicable to card holder and can't be used in conjunction with any other promotions.



Café Lucaya – Named after the largest town in Freeport, on the Grand Bahama Island.

You'll find Café Lucaya across two floors in Tower Building on the corner of Water Street and The Strand in Liverpool. Just as appealing as the Caribbean and an equally perfect place to relax and spend some time.

Open 7 days a week 8am – 4pm for breakfast, lunch

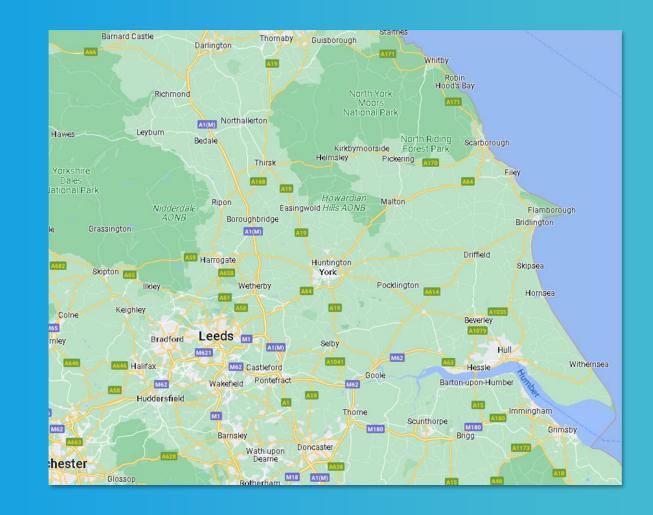
 Webpage:
 https://cafelucaya.com/
 Contact:
 Barbora's Team on 0151 236 7036 - info@cafelucaya.com

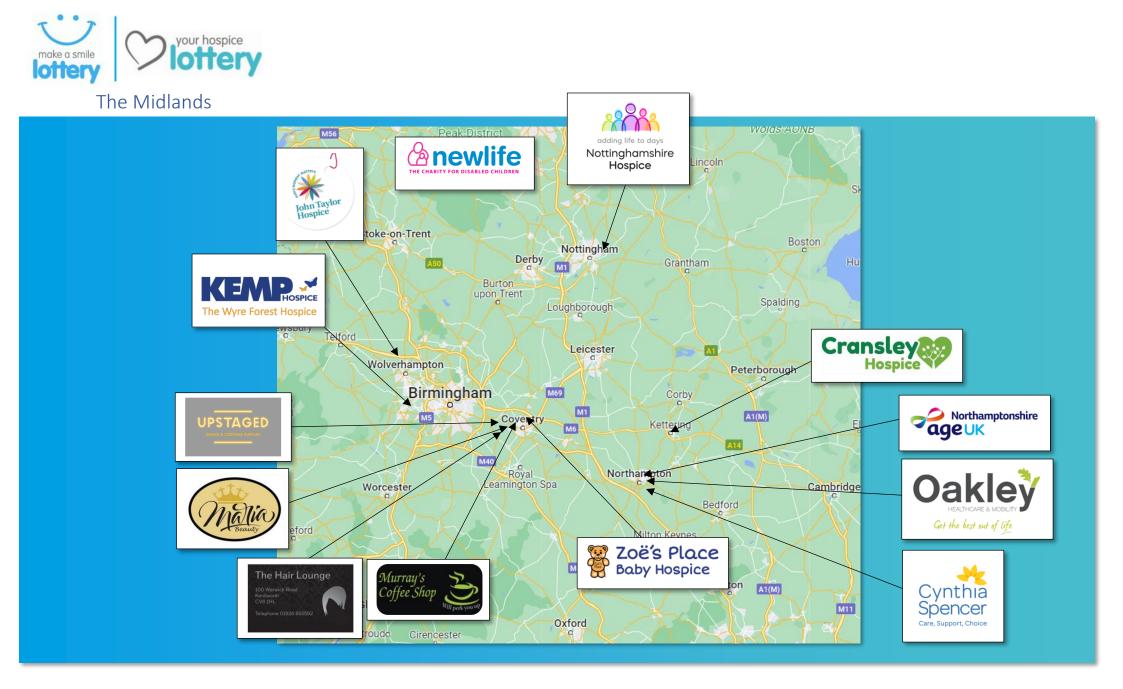
 Discount:
 20% off the menu by showing a valid Play & Save eCard and quoting the hospice you support.



For more details on how to support your local community and promote your business on our websites and social media pages, you're welcome to contact playandsave@yhlhospices.org.uk











Northamptonshire

ageuk

Cransley Hospice - All our services are provided free of charge for our local community. Our expert team provides care and support in the place you most want to be whether this is your own home, care home or in the hospice.

Webpage: https://www.cransleyhospice.org.uk/

Discount: 10% discount for Play&Save eCard holders for in store purchases only at our Kettering Charity shop. Raising much needed funds for our hospice.

Compassionate care for those with terminal illness and end of life care.

Age UK Northamptonshire is many things to many people. A source of advice, information, companionship & support. We help local people make the best of later life & have a secure & dignified old age. We provide a wide range of services to a growing number of older people, improving their quality of life, promoting independence & preventing frailty, poverty & isolation.

Webpage: https://www.ageuk.org.uk/northamptonshire/shops/

Telephone: 01604 611200 - access@ageuknorthants.org.uk

Discount: You can receive a 10% off any in-store purchases over £5, with your valid Play&Save eCard.



Murray's Coffee Shop – It's no accident Murray's has been voted one of the top ten coffee shops in Coventry; if you're looking t know why, it's Sofokli's hard work, dedication, wonderful atmosphere and amazing coffee. But don't take my word for it, visit and decide for yourself.

Shop 2, Central Buildings, Warwick Road Coventry CV3 6AJ 024 7622 2265

Discount: 20% discount on production of your valid Play&Save eCard.

Webpage: https://www.facebook.com/Murrayscoffeeshop/



Oakley Healthcare - As a family run business since 1976, we understand how much people value compassionate & effective care for their relatives. We design all our products with the user in mind, ensuring they can get a better night's sleep, relax, get out & about, or simply enjoy the basic privileges we all take so much for granted. Find the solutions to all your care & mobility needs at: www.oakleyhealthcare.com

Contact: 01604 602 000 - info@oakleyhealthcare.com

Discount: A **5%** discount will be offered on production of a valid Play&Save eCard, with an additional 3% donation made directly to our chosen local charity Age UK Northamptonshire - Online purchased code **TBA**



The Hair Lounge - A warm and friendly salon dedicated to providing high customer satisfaction, excellent service and an enjoyable atmosphere.

Owners Jenny and Angela have over 30 years experience between them in the art of cutting hair. With parking to the rear of the premises and free wifi to all customers, why not call today to make an appointment and let us make a difference.

Discount: 30% discount with Ellie on Friday and Deb on a Wednesday on production of your valid Play&Save eCard. 100 Warwick Road, Kenilworth CV8 1HL

Webpage: https://www.facebook.com/thehairloungekenilworth Telephone: 01926 855592



Maria Beauty – Offering the best experienced practitioner, the best products and we have the best offers. At Maria Beauty Clinic, our service is a little different than you might find elsewhere. From the minute you come into our salon, you'll know you're in good hands. Sit back, relax and let us do the rest.

159a – 160 Spon Street, Coventry CV1 3BB Maria - 07450 546235

Discount: 10% discount on services over £50 on production of your valid Play&Save eCard.

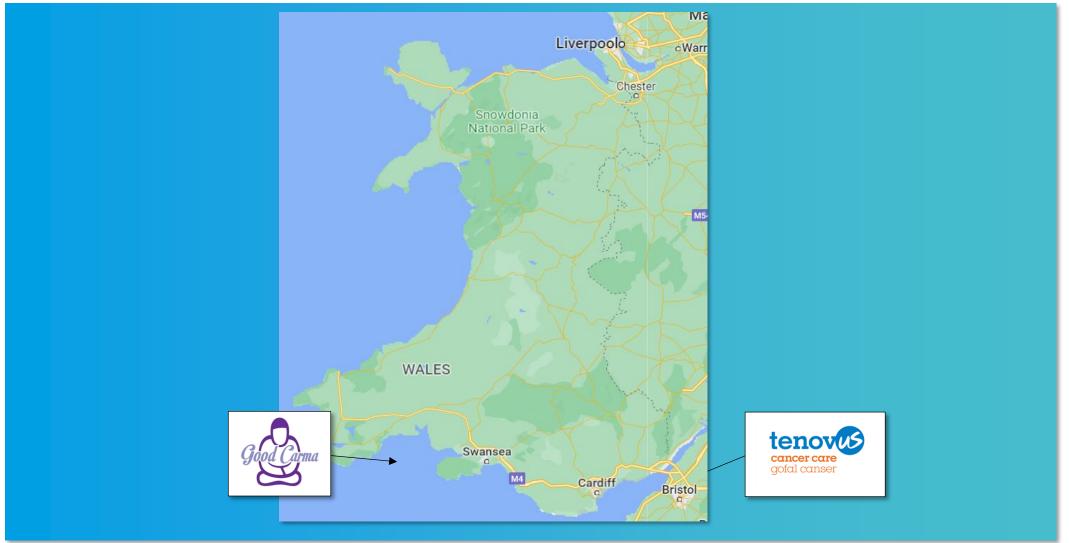
Webpage: https://mariabeautyclinic.co.uk/ Insta: https://www.instagram.com/maria_beauty_laser_clinic/



UPSTAGED DANCE & COSTUME SUMPLIES Discount: 15% off physical in s	Upstaged Dance & Costume Supplies - Please find us @ Upstaged Tower Street, Coventry CV1 1GN We try our very best to bring you the latest and most popular Dance & Costumes Supplies, all at the lowest prices possible for us. Socials: <u>https://www.facebook.com/Upstageddanceandcostumes</u> Webpage: <u>http://www.upstageddance.co.uk/</u> Contact: Kelly – 02476 220229 - <u>info@upstageddance.com</u> tore purchases on production of a valid Play&Save eCard	
YOUR LOGO HERE	For more details on how to support your local community and promote your business on our websites and social media pages, you're welcome to contact <u>playandsave@yhlhospices.org.uk</u>	



Wales





YOUR LOGO HERE	For more details on how to support your local community and promote your business on our websites and social media pages, you're welcome to contact <u>playandsave@yhlhospices.org.uk</u>	



make a smile



Best Days Vintage - Affordable, sustainable, one-off clothing & accessories from 60's to 90's. Best Days Vintage clothing... 20th century style for the 21st century girl & boy. Now with loads more shop space,
coffee and positive vibes.

Webpage: <u>www.bestdaysvintage.co.uk</u>

Contact: Steve - 01206 764824 - info@bestdaysvintage.co.uk

Discount: 15% off your purchase using the online purchased code **Insta15 or** showing a valid Play&Save Discount eCard in our Colchester, Essex store



Lyon Carpet Cleaning Solutions - Family run business based in Essex, catering for the cleaning of carpets, upholstery and mattresses.

Webpage: www.facebook.com/Lyons-Carpet-Cleaning-Solutions-Ltd-115153383676626

Contact: Lyndon - 07988 860051 - lyons.ccs@gmail.com

Discount: 10% off all services by showing your valid Play&Save eCard.



PM Computer Repairs - 20 years experience in IT support in and around Colchester, Essex.

Webpage: www.pmcomputerrepairs.co.uk

Contact: Pete - 07805 171647 - pm74.computer.repairs@gmail.com

Discount: 10% off all services by showing your valid Play&Save eCard.

If purchasing online, quote code: PM10 at checkout.



Sarah Everett Photography - I specialise in beautiful outdoor photo shoots across Essex. I love to document you having fun together and bringing out those natural smiles, whether you're a family or a loved up couple! Not sure where you'd like to go for your session? Let's talk about what would suit your family best. And yes, I will help you decide on your outfits!

Webpage: www.saraheverettphotography.co.uk

Contact: Sarah - 07856 729785 - <u>sarah@saraheverettphotography.co.uk</u>

Discount: Show valid Plav&Save eCard at the time of booking to receive 15% off.



Henley's Fish & Chips - Fantastic Award-Winning Fish & Chip Shop. Striving to make great food for our customers.

Webpage: www.henleysfishandchips.co.uk

Contact: Henley's - 01206 820222

Discount: 10% off your purchase showing a valid Play&Save Discount eCard before ordering in our Wivenhoe, Essex store.



Sasha's Rubbish Removals - An alternative to skip hire. Based in Colchester, Essex. Clearing household & garden waste, offices, sheds & garages.

Webpage: <u>www.sashasrubbishremovals.com</u>

Contact: Sasha - 07856 986527 - sashasrubbishremovals@gmail.com

Discount: 10% off any quote given by showing Play&Save Discount eCard.



St Helena Hospice Outlets - St Helena helps local people in North Essex to face incurable illness and bereavement.

St Helena Hospice helps local people in North East Essex with an incurable illness to live well and die with dignity and choice.

Webpage: <u>www.sthelena.org.uk/how-you-can-help-us/shop-with-us</u>

Discount: Show your valid Play&Save eCard at the tills in any of the 19 St Helena outlets across Essex and receive **10%** off your purchase. The Cake Story - Cakes for all occasions... on demand. Based in Colchester, Essex.

Webpage: <u>www.cakestory.co.uk</u>

Contact: Fakir - 01206 564149 - colchester@cakestory.co.uk

Discount: 10% off when Play&Save eCard is shown. Excludes sale items & particular brand items.



T.J.Bush Plumbing & Heating - Essex based plumber covering all aspects of Plumbing and Heating. Call or email for free quote.

Webpage: www.instagram.com/tjbushplumbing

Contact: Tom - 07801 595692 - tjbushplumbing@hotmail.com

Discount: 10% discount on labour on production of your current Play&Save eCard.

The Old Siege House - The famous Old Siege House Bar and Brasserie, in Colchester, offers modern European Cuisine with an English influence. Developed to offer a unique blend of two of the most wellknown and enjoyable cuisines in the world, in a sophisticated and relaxing ambience, perfect venue for intimate dining or enjoying the company of family and friends.

Webpage: https://www.theoldsiegehousebarandbrasserie.co.uk/

Bookings: - contact@theoldsiegehousebarandbrasserie.co.uk

Discount: 10% off the total food bill upon presentation of your valid Play&Save eCard.



THECKESTORY

We make the Cake You make the Story

> Savino's Caffè bar Italiano - We are a small family run café located in the bustling city centre of Cambridge. You will find the very best Illy coffee, homemade cakes, deliciously fresh panino and pastries, enjoyed with milkshakes and smoothies... everything you'd expect and much more.

Webpage: https://www.savinos.co.uk/

Contact: Luca – 07917 868357 - luca_savino2004@hotmail.com

Discount: 10% discount (food and drink only) upon presentation of a valid Play&Save eCard.



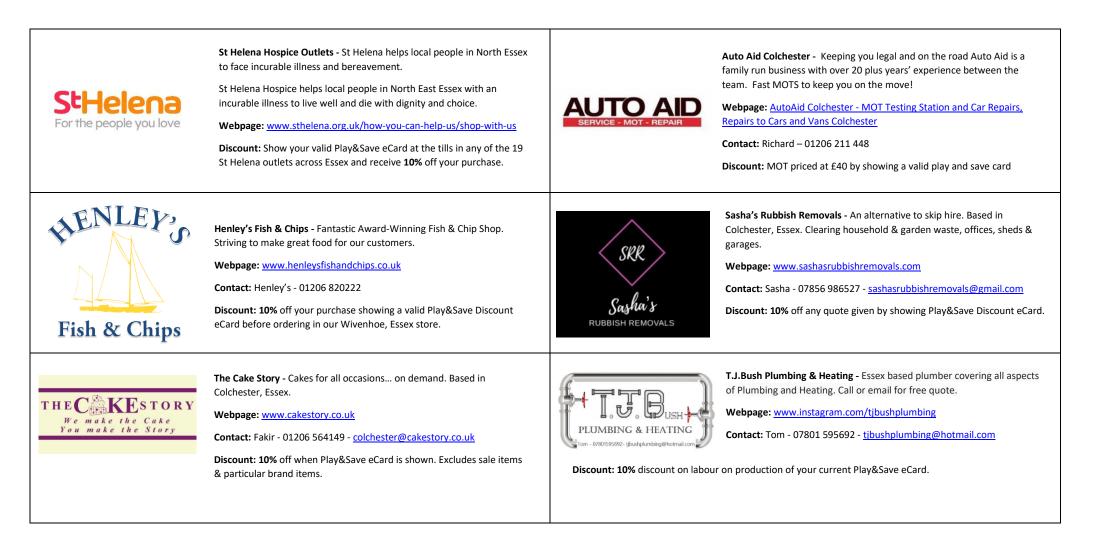
Lizzie Potter Therapy - Relaxing Reflexology in Mile End, Colchester. Reflexology can reduce stress, improve sleep, mood, wellbeing and reduce tension. Why not book yourself an appointment to feel the benefits for yourself! If you haven't had Reflexology I would urge you to give it a try. It is honestly so relaxing and in today's stressful world many people have benefitted from Reflexology.

Website: https://lizziepottertherapy.co.uk/

Contact: Lizzie Potter / 07969 680289 - info@lizziepottertherapy.co.uk

Discount: 10% discount off your first 4 appointments on production of a valid Play&Save eCard.









Website: https://www.earm.co.uk/

Contact: 01206 242524 - information@earm.co.uk

Discount: Proud to offer a **10% discount** on production of a valid Play&Save eCard - Available on Standard Admission, Event and Special events, not available for Day out with Thomas or Beer Festivals.



The Oyster Lab - To understand where in Cambridge Henry will be delivering his next elegant evening of oysters, seafood, wine and cocktails... simply message him via social media or email <u>henry@theoysterlab.co.uk</u>

Insta: https://www.instagram.com/oysterlabcambridge/

Facebook: https://www.facebook.com/oysterlabcambridge

Website: http://theoysterlabcambridge.co.uk/

Discount: 10% off events purchases on production of a valid Play&Save eCard



The Horse & Groom - Wivenhoe's favourite traditional pub. Offering the choice of settings, a comfortable lounge bar, friendly public bar or the comfortable and relaxing beer garden. Serving Adnams Fine Ales as well as Guest Beers, also stocking a wide range of wines, spirits and Lagers, plus fruit juices, tonics and soft drinks. Enjoy delicious bar meals served at lunchtimes from Monday to Saturday.

East Anglian Railway Museum – A living heritage site. A working museum dedicated to preserving the history of

buildings, restored trains & working signal boxes tell a

story of a time when the railway was one of the largest

from 10am to 4pm & with events thought the year.

employers in the region. Open Weekends & Wednesday

railways in the Eastern Countries, our Victorian

Webpage: https://handgwivenhoe.co.uk/

Contact: Emily / 01206 824928 / handgwiv@yahoo.com

Discount: 10% off food on Tuesdays and Wednesdays, upon presentation of a valid Play&Save eCard



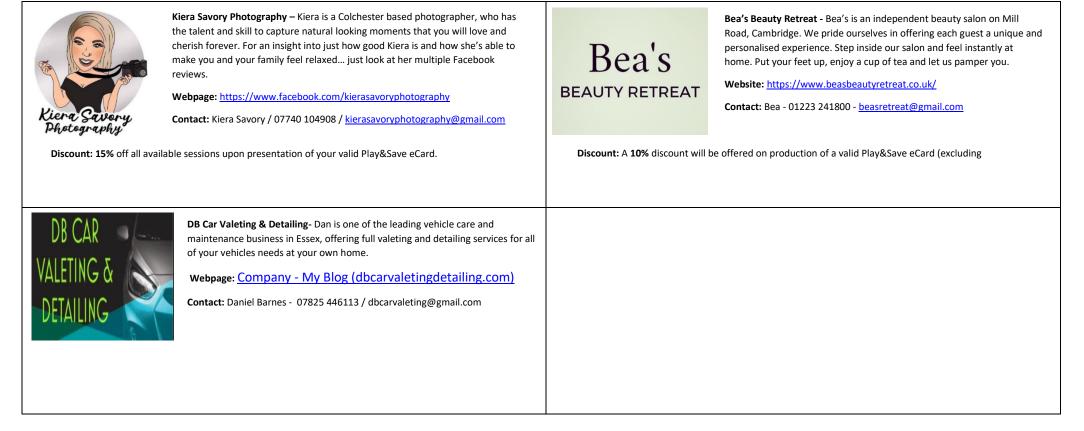


Estuary Wine & Tapas Bar - A contemporary and modern venue located in the heart of Manningtree. The inspiration behind Estuary came from our love of Italian Enoteca paired with the interiors of smokey Soho wine bars. We wanted to make the bar a point of difference from the quintessential English pubs within the local area by focusing on fine wines, cold tapas and gins.

> Insta: https://www.instagram.com/estuarywinebar/ Facebook: https://www.facebook.com/estuarywinebar Website: https://www.estuarywinebar.co.uk/

Discount: Enjoy a free 125ml glass of house red, rosé or white on production of a valid













Edith & Blanche - Welcome to Edith and Blanche, a sustainable alternative for children's clothing and textiles. Edith and Blanche is a family owned and operated business with the goal of creating high quality, ethically sourced, and thoughtfully produced products.

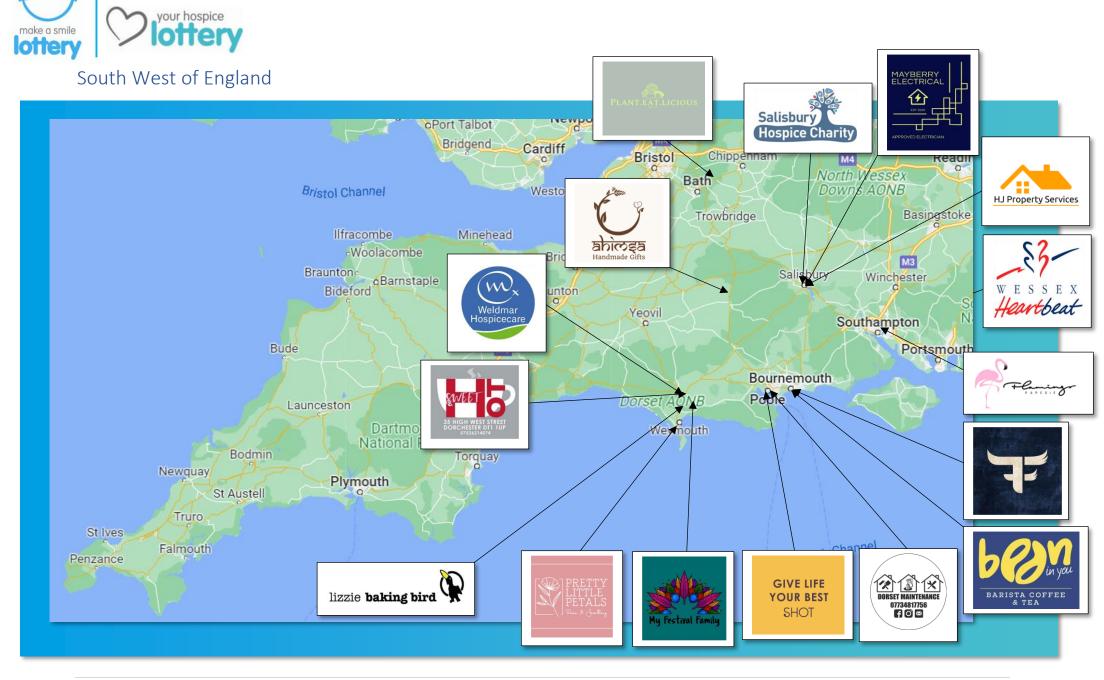
Webpage: www.edithandblanche.com

Contact: Catherine & Michelle Baranda - <u>edithandblanche@gmail.com</u>

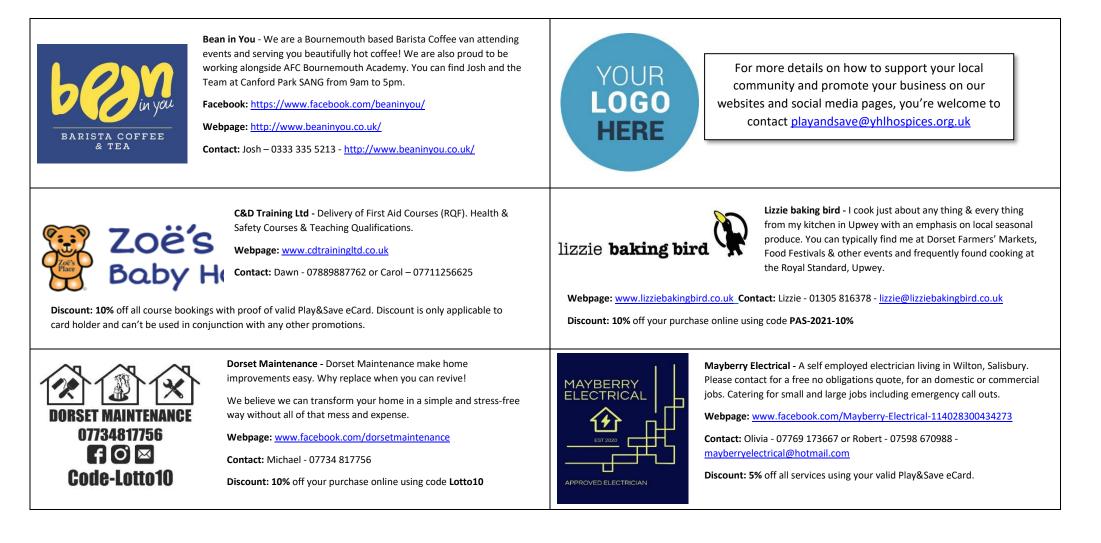
Discount: 15% off entire store using code **Playandsavespring21** at checkout. Excluding sale items. Can't be bundled with any other offer.

YOUR LOGO HERE

For more details on how to support your local community and promote your business on our websites and social media pages, you're welcome to contact <u>playandsave@yhlhospices.org.uk</u>











HJ Property Services - I'm Chris, a true Wiltshire boy! I started HJ Property Services to help local people with their building needs. Whether it is adapting your home to meet your needs, freshen up the paintwork or putting up those shelves you've never got round to! No job is too small, just send me a message.

Webpage: www.hjpropertyservices.co.uk

Contact: Chris - 07540 092666. chris@hjpropertyservices.co.uk

Discount: 5% off all services using your valid Play&Save eCard.



Plant.Eat.Licious – A whole new vegan experience. We just made your favourite food available whenever and wherever you like. Book us to cater events such as parties, festivals, or business hospitality. Or buy our amazing vegan grazing boxes on our website. At home or at work as we can deliver our tasty boxes of goodness directly to you.

Webpage: www.planteatlicious.com/ Contact: Cristina – 07972 031083 planteatlicious@vahoo.com

Discount: On production of a valid Play&Save eCard you can choose between a free spinach pie with cheese or a free drink, whist stocks last.



Hot & Sweet - We're passionate about providing delicious, high-quality food, to satisfy all our customer's needs. Prepared with the freshest and finest ingredients, to the highest standard. Including vegan, vegetarian & gluten free.

Webpage: https://hotandsweetdorchester.co.uk/

Contact: Wioletta – 07526 214074 - wioletta@hotandsweetdorchester.co.uk

Discount: 20% off final bill (excluding alcohol) for in-store payments only, on production of a valid Play&Save eCard.



For more details on how to support your local community and promote your business on our websites and social media pages, you're welcome to contact <u>playandsave@yhlhospices.org.uk</u>